Dream Life Planner

BrendaTurner.com

I Really, Really Want List

A Giant Brainstorm to Get It All Out

Dreams to Make Real within 12 Months

Pick 1-5 wants from the previous list that make your heart sing,
that you want to focus on for the next 12 months. Choose with your heart, not your head.

Why I Want This

Why I Want This

Why I Want This

Why I Want This

Why I Want This

Signature *Date*

Uncover Hidden
THOUGHTS & BELIEFS

(Specific to Your Dreams)

What negative thoughts & beliefs have kept you from pursuing your dreams?

Claim Uplifting
THOUGHTS & BELIEFS

What High Vibration Thoughts & Beliefs Do You Choose to Live By?

THOUGHTS & BELIEFS
For Life Areas

What thoughts & beliefs do you have about the following areas?

I Am

Life Is

People Are

Money Is

Health Is

Work Is

The World Is

CLAIMING & CHOOSING
New Thoughts & Beliefs

Replace any negative & limiting beliefs in each area with high vibratory, uplifting ones.

I Am

Life Is

People Are

Money Is

Health Is

Work Is

The World Is

THE GOAL:

The Steps

1 2 3

1 2 3

1 2 3

Month Of

Sunday	*Monday*	*Tuesday*	*Wedensday*	*Thursday*	*Friday*	*Saturday*

3 Daily Actions I Would Love To Do - 1. 2. 3.

This Month's Actions

Request for Divine Assistance

This Month's Plan & Review

This Month's Big Picture / Intention / Declaration

Amazing Thigs That Happened

How I Got Better This Month

Week of

Top Three Outcomes

1
- [ ]
- [ ]
- [ ]

2
- [ ]
- [ ]
- [ ]

3
- [ ]
- [ ]
- [ ]

This Week's Intention

This Week's Declaration

Creative Actions

Wins

Things I Loved

Intention for The Day

M T W T F S S / / 20

Top Results & Actions

Schedule

5:00
6:00
7:00
8:00
9:00
10:00
11:00
12:00
1:00
2:00
3:00
4:00
5:00
6:00
7:00
8:00
9:00
10:00

Notes

Wins

What I Loved

Today's Power Question & Answer

Request for Divine Assistance

Head Clearing Space

Dream to Reality Milestone Marker

Months:

Week

1

Week

2

Week

3

Week

4

Week

5

Week

6

Dream to Reality Milestone Marker

Week

7

Week

8

Week

9

Week

10

Week

11

Week

12

Dream Catching Paper